

Knowledge, Passion + Skills Extractor

Extract Your Knowledge And Create Your First Mastermind: Grab a pen and paper and let's get started!

1) Make a list.

Make a list or lists of all your interests, hobbies, skills, passions, areas of expertise.

It's possible this will come easily to you: Maybe you are a pro at sales in your company, for example, or, you have a green thumb and your garden is flourishing.

It's possible it will take a bit more brain and soul-picking.

The thing about finding your own expertise is that it might be something that comes so naturally to you that you notice that it is a strength.

If you write down all your interests and hobbies, where and when you are most happiest on the day to day, you will probably uncover where your superpowers lie.

Ask yourself:

- What do I enjoy so much that when I am engaged in that activity, I forget about time?
- On which subjects do friends ask me for advice?
- What could I talk about for 20 minutes if someone woke me up at 2AM in the morning?

2) Call upon the help of friends, family & colleagues:.

Ask a friend, a neighbor, your kids, or a colleague:

- What is special about me?
- What am I most noticeably good at?
- What are my superpowers?
- What do you think are my best qualities?

They *will* have answers for you. What you cannot see in yourself, others will see as obvious.

3) Narrow it down.

Once you have the list, quickly circle two or three that stand out to you.

If you already know **THE ONE**, then pick that one.

4) Feel into it.

Put your hand on your heart and feel: Which one of these subjects truly lights me up?

Go through each topic and ask yourself: When I think about this, can I imagine feeling excited teaching a group on this subject.

Can I see myself talking for a day or two on this subject?

You will know!

If you have more than one -- I wouldn't choose more than two -- that's OK.

It's possible you can combine them. It's possible you will find people who could benefit from both subjects.

It's possible you can run more than one workshop or mastermind?

Maybe one remains a hobby while the other brings you profit.

I truly hope that these questions have helped you to get the juices flowing.

If you would like more guidance you can download my [Get Clarity! Worksheet here.](#)

If you would like to know more, feel free to join my Facebook Group [Digital Marketing, Sales & Masterminds For Heart-Centered Entrepreneurs:](#)

